

Overview

An extensive resource for 10-18 year olds about all aspects of teen health and wellbeing issues. Features include:

- Guides arranged into 14 different health and wellness categories, including drugs and alcohol, nutrition and fitness, and family life.
- Google translation of articles into over 50 languages.
- Videos and social media tools.

Details

Browsing

- Featured content is available on the home page, including videos, links to the Dr. Jan's Corner advice column, and news and facts related to teen health.
- The 14 main health and wellness categories are listed in a column on the left side of the home page.
- You can also browse by subject or alphabetically by clicking either **Subject** or **A-Z**.
- A search box located on the right side of the screen is available to look for a specific term. Results can be organized based on the 14 main categories.
- RSS feeds are available for the In the News, Dr. Jan's Corner advice column, and the Did You Know? fact of the day features.
 - **NOTE:** The telephone hotlines listed on the site are geared to Americans.

Articles

- Each article is divided into sections and includes a glossary, related resources, and materials for further reading.
- Click **Cite this Article** to get an MLA citation.
- You can also **Translate** the article by selecting one of over 50 languages from the Google dropdown menu.

More Information

- Teen Health and Wellness
 - <http://www.teenhealthandwellness.com/static/publicabout>